

Programme Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
00.00 - 1.00	HRST NightSounds						
1.00 - 2.00							
2.00 - 3.00							
3.00 - 4.00							
5.00 - 6.00							
6.00 - 7.00							
7.00 - 8.00	HRST @ Breakfast with Ron Cameron	HRST @ Breakfast with Ron Cameron	HRST @ Breakfast with Ron Cameron	HRST @ Breakfast with Ron Cameron	HRST @ Breakfast with Ron Cameron	Saturday Breakfast with Craig Simpson	Sunday Breakfast with Craig Simpson
8.00 - 9.00							
9.00 - 10.00							
10.00 - 11.00							<i>Songs of Praise</i>
11.00 - 12.00	The Golden Year						
12.00 - 13.00	Lunch with Andy Brown	Lunch with Andy Brown	Lunch with Andy Brown	Lunch with Andy Brown	Lunch with Andy Brown		
13.00 - 14.00							
14.00 - 15.00	The Comedy Hour						
15.00 - 16.00	Afternoon Plus with Simon Smith	Afternoon Plus with Simon Smith	Afternoon Plus with Simon Smith	Afternoon Plus with Simon Smith	Afternoon Plus with Simon Smith	Weekend A-Z	Weekend A-Z
16.00 - 17.00							Mainly Country
17.00 - 18.00						<i>Kids Stuff</i>	<i>Classical</i>
18.00 - 19.00	60's @ 6						
19.00 - 20.00	A-Z of Pop	A-Z of Pop	A-Z of Pop	A-Z of Pop	A-Z of Pop	70's @ 7	A-Z of Pop
20.00 - 21.00		On Request		On Request	Love Songs with Craig Simpson	80's @ 8	
21.00 - 22.00						Comedy Hour	Comedy Hour
22.00 - 23.00	...In Concert						
23.00 - 23.05	Thought for the day						
23.00 - 00.00	HRST Night Sounds						